Turning Up the Heat Genesis 43:1-23 June 4, 2017

Is guilt our <u>friend</u> or is guilt our <u>enemy</u>?

How do people deal with guilt?

- 1. They try to <u>rationalize</u> it.
- 2. They try to bury it. (Gen 42:13; 21.22; 44:16)
- 3. They try to pay for it. (Gen 43:15)
- 4. They confess it. (I John 1:9)

What is the value of guilt?

- 1. Guilt <u>awakens</u> us to the <u>fact</u> that we have a <u>problem</u>.
- 2. Guilt motivates us to make necessary changes.

How do you deal with guilt?

- 1. We must <u>face</u> our guilt <u>honestly</u>. (I John 1:9)
- 2. We must <u>ask</u> for <u>forgiveness</u>. (Matthew 5:23,24)
- 3. We must <u>leave</u> the <u>matter</u> with God. (Proverbs 3:5)