

Breaking Free Romans 8:1-4 (NASB)

Two fundamental truths from Romans:

1. All men and women outside of Jesus live under the condemnation of God. (Ro 3:23; 6:23; 1:18)
2. In Jesus Christ there is no condemnation. (Ro 8:1)

Four sources of condemnation:

1. Satanic condemnation
2. Social condemnation
 - a. Physical features
 - b. Athletic ability
 - c. Intellectual ability
 - d. Parents who are perfectionists
 - e. Victim of sexual abuse
3. Self-condemnation
4. The Law's condemnation (Ro 2:12).

The solution to condemnation:

The solution to all the inner guilt and condemnation we feel, and the harsh judgment of God's moral law is to be in Christ. (Ro 8:1)

Three important truths from being in Christ:

- Truth #1: In Christ you are saved from the judgment and condemnation of God. (Ro 8:2)
- Truth #2: In Christ you receive a new identify. (2 Cor 5:17)
- Truth #3: You need to see yourself as God sees you in Christ.